



Week 3

Mon P & C Meeting
Interschool Chess Competition
WCOS School Readiness Night
Tues Naplan –Language Conventions/Writing
Scripture/Ethics
Wed Naplan –Reading Ukulele
Thur Naplan –Numeracy
Year 1/2 Reptile Park Excursion
Fri Music Bus Mothers Day Stall
KJ Assembly School Sport

Week 4

Mon SRC Meeting Infants Soccer
Star Struck
Tues Zone X-Country Scripture/Ethics
Wed Ukulele
Demonstration Jump Rope Team
Thur Kinder Excursion
Netball NSW Schools Cup
Fri Music Bus Paul Kelly Cup AFL
1/2B Assembly School Sport

Relieving Principal's Message

Persistence will be the theme for Our School Excellence Award this Term.

Many years ago I was paving an area outside our backdoor in Hay, NSW. My middle son, Levi, at 4 years of age (who is now 21) decided he wanted to help. These were 30 x 30cm square concrete pavers and he had to carry them 30 metres from where the pallet was dropped off, by the truck, to our back door. Now before you accuse me of using child labour, I was going to ask my wife but Levi volunteered. He carried them one by one and I thought after the first 5-10 he would probably give up. Well he kept going, 10 became 20, 20 became 30 until he had carried 170 pavers. At 4 years old I realised this kid was persistent and he would do well in life. Sure enough he has proved to be one of the most persistent people I have ever had the privilege of knowing. Persistence is one of the most important qualities for success in the classroom and outside the classroom.

Nobody in history was more persistent than Thomas Edison. His persistence story is legendary because he tried 10,000 times before succeeding in creating his light bulb. If it wasn't for Edison's persistence, we might all be sitting in the dark right now.

One of our main goals at Dudley Public School is teaching students persistence in the classroom. Students who have mastered persistence are able to work through challenges, deal constructively with failures and adversity, and achieve the goals they have set for themselves.

Congratulations to all of our students who demonstrated persistence by running in the X-Country Carnivals last week. Thank you to all of our parent helpers and especially Jackie Winter and Kate Sullivan for their outstanding organisation of the events.

Mr Costolo
Relieving Principal



*Sam Armstrong and Billy Cooper
receiving their School Excellence Award for
outstanding persistence in all areas of learning.*

P&C News

P&C Meeting tonight 7.30pm in the Library. All welcome.

NAPLAN Tests

This week all Year 3 & 5 students throughout Australia in public and private schools will complete the National Assessment Program - Literacy and Numeracy (NAPLAN) testing.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimum standards.

On Tuesday students in Years 3 & 5 will complete Language Conventions tests and a Writing test, each 40 minutes in length. Wednesday they will complete the Reading test of 45 or 50

minutes and Thursday will be a Numeracy test of 45 or 50 minutes. We will use Friday as a "catch-up" day for students who may have been away for a test.

Students have completed practice tests and prepared for these tests and our Year 3 students will go into 3 smaller groups to complete tests.

KINDERGARTEN 2018 - School Readiness Night

Come and meet with other parents, pre-school staff and local Primary School staff and have your questions answered... Legal requirements, age, milestones in development, social skills, speech and language.

Guest speaker: Dorte Bladt - Chiropractor, Joy Hirst-Speech Therapist and Lisa Wilks – Dietician

When: Monday 8th May 2017

Time: 7.00pm – 8.45pm

Place: Charlestown Public School Hall



Week 2 Bronze Award Winners



*2017 X-Country Champion House
Currey
Captains Jettson Hunt and Emma Campbell*



2017 X-Country Age Champions
*Front: Zac Nugus, Jessica Kelly, Annika Ash
Middle: Toby Winter, Jordan Byrne, Emma O'Hagan
Back: Jake Pappas, Saij Carson*

Zone X-Country

Our Zone Team will head off to Barton Oval in Belmont on the 16 May to compete in the Zone Cross Country. Our competitors, who have been training in order to complete the gruelling 2km or 3km event are listed below. They will travel by parent cars and be supported on the day by the very talented Kate Sullivan & our New Zealand National Champion, Jackie Winter.

8 - 9's - 2km

Boys: Zac Nugus, Phoenix Pobje, Archie Atkins and Max Murray
Girls: Jessica Kelly, Sarah Hobbs, Alice Duane, Mia Lieschke and Sophie Donegan

10's - 2km

Boys: Toby Winter, Atticus Todhunter, Dorian Byrne and Louis Skinner
Girls: Annika Ash, Ana Cupitt, Ava Campbell and Xanthe Calov

11's - 3km

Boys: Jake Pappas, Oliver Gillard, Kaman Pappas and Eli Thompson
Girls: Emma O'Hagan, Matisse Murray, Elsie Croal and Hannah Snow

12 - 13's - 3km

Boys: Saij Carson, Jacob Gonzalez, Liam Lieschke and Sonny Jay Skinner
Girls: Jordan Byrne, Mia Chisholm, Isabella Sullivan, Chelsey Wade and Jade Ferguson

Paul Kelly Cup

Our Stage 3 boys and girls AFL teams will compete in the Paul Kelly Cup on Friday 19th May. The teams have been training extremely hard since early in Term 1 and hope to build on last year's success. The students will travel by parent cars departing school at 8.45am and playing at Bill Elliott Oval, Maryland. They will be supported by Jason Horadam. We wish them success and a great day of footy. Go Dudley!

State Tennis

Wes Matthews was selected in the Hunter Team for State Tennis. They played at Broadmeadow and came tenth overall.

Congratulations to Wes who played some great tennis and displayed excellent sportsmanship.



He will now be known as Wes "Federer" Matthews.

Netball NSW Schools Cup

On Thursday 18 May Mrs Sullivan will be taking two girls teams and a boys' team to compete in a gala day at Charlestown Netball Courts. We wish them all the best.

Knights Knockout

The year 5/6 Knights Knock-out team competed on Thursday the 4th of May at Mick Bird Oval in Windale. The weather was fantastic and the team was on fire from the first whistle. The team won all three games within the pool phase; The boys then progressed to the semi finals, and again the Dudley team won. Unfortunately they just missed out on winning the Grand Final but the boys were valiant in defeat and every team member gave 100% to the day. The team should be congratulated their performance both on and off the field.

We would like to say a big thank you to Danny Nugus for the time he put into helping prepare the team and coaching them, as well as to Pete Newton and David McLoughney for their assistance on the day. Thank you also, to all the parent helpers who assisted in transporting the team both to and from the venue and to Mr Kiely for the organisation and ensuring the day ran smoothly.



Thank You

A huge thank you to Mr Pattison , Aurora's dad, for giving his time and effort in cleaning the COLA at the Fairleigh Hall. It is now sparkling.

Mother's Day Stall

The Mother's Day stall will take place this Friday 12 May in the Library. All students will have the opportunity to purchase gifts which will vary in price. It is recommended that children bring between \$5 and \$10.

Australian Reptile Park Excursion

Thursday 11 May, Stage 1 will be going to the Australian Reptile Park. This will be a wonderful learning experience with children observing different animals and attending a show given by the Park.



Dudley Public School will be hosting a Biggest Morning Tea on Tuesday 23 May 2017 at 11.00am in the school quadrangle weather permitting. (If not in the old hall)

Donations of slices, cakes etc would be gratefully received on the day. Cake boxes are available, your child can pick one up at the school office.

We hope to see many parents and we will have a collection box for donations.

Students to bring a gold coin.



D'ukes performing at the school assembly

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MOTHER'S PAMPER EVENT

SATURDAY 13TH MAY 3-5 PM

GLOBE CHURCH 80 FELTON ST GATESHEAD

*Afternoon Tea,
 hand & foot massages,
 pedicures...*

RSVP Carolyn 0400838706
 By Friday 12th May

THANK YOU

A big thank you to “The Oceanview” at Dudley for donating the proceeds of their weekly raffle to Dudley PS. We hope the community will support this wonderfully generous venture.

Good for Kids good for life

HEALTHY CLASS PARTIES

As parents we help our children pack their lunchbox or choose lunch orders at the canteen, but we don't have much choice in what they eat at school functions, events and class parties.

Here are a few suggestions for healthy party food at school:

- Rainbow fruit kebabs
- Pikelets or fruit pikelets
- Watermelon Pizzas
- Frozen fruit covered in yoghurt
- Apple slice monsters
- Air popped popcorn and dried fruit mixes
- Cheese party shapes and crackers
- Mini vegetable muffins or mini fruit muffins

NSW Health Hunter New England Local Health District

PHONE 4924 6499

Happy families work together

“Dad, will you tell Tina not to come into my room?” Twelve-year-old Luke was complaining about his six-year-old sister. Luke’s Dad, Robert, had only just got home and was still hanging up his coat. “Dad! She’s bugging me!” called Luke as he led Tina by the hand into the lounge room. “A ‘hello’ would be nice,” said Robert. “Yeah, hi. I’m trying to do my science project. I need my space,” Luke replied. “Tina, how about you stay out here with me?” Robert suggested. Tina was not very keen on this idea. “But I want to play and you’ll be too busy,” she whined. “Here we go again”, thought Robert. “If only we all got on better.”

Managing family relationships so that everyone’s most important needs get met can be hard work. All families have times when tempers get frayed, feelings get hurt and misunderstandings occur. Maintaining positive connections when these things happen requires good communication and creative management.

Effective communication means that everyone has a say and is listened to. This can be a challenge in busy families. Pressure to get things done can mean there seems to be little ‘quality time’ for talking and listening to each other. Whether or not time is a problem, negative styles of communication often undermine relationships. This occurs, for example, when family members speak to each other disrespectfully or use put-downs.

Building positive family relationships does not mean having no conflict. Dealing with conflicts positively, as well as making time to relax and do fun things together, help to strengthen family relationships.

Set the tone for positive communication

Research on communication in families shows the importance of parents and carers communicating warmth and caring *and also* setting clear expectations for children’s behaviour. Making time for family members, communicating effectively and supporting each other are important ways of strengthening families and building positive relationships.

Parents and carers can set a positive tone for communication through their own example. The way you listen, and the attention and importance you give to what family members say, is as important as what you say to them and how you say it. This may not always be easy, especially when you are tired or busy and have to deal with complaining or conflict. However, listening and acknowledging others’ feelings and wants helps to reduce conflict and improves communication.



Working together as a family

Discussing things as a family is often very helpful for dealing with concerns and negotiating solutions to conflicts before they get bigger.

- Talking together provides an opportunity to clarify roles and expectations.
- Be sure to talk about what is working well in family relationships and not just the difficulties.
- Build trust in family discussions by respecting and listening to everyone's views without judging or putting them down.
- Encourage children as well as adults to hear and understand each other's views and needs.

Discussing things as a family can encourage children as well as adults to solve problems creatively. For example, once he understands that Tina just wants him to play with her, 12-year-old Luke might negotiate to spend a half-hour playing with her after dinner in exchange for her giving him uninterrupted time to get on with his homework. Having a chance to express needs in positive ways encourages healthy communication, support and cooperation.

Things to discuss

- Set up chores roster
- Tina wants to play more
- Luke wants space when he has to do schoolwork
- Dad (Robert) wants more hellos and hugs



Listening and talking

It is easier for others to listen and accept your point of view when the way you say it communicates respect and care. For example, Robert could say to Luke, "I know you had to get your science project done but I still want you to say 'hello' when I come home." This shows that Robert understands Luke's position, and wants Luke to understand his.

Small things, like saying, "How was your day?" and really listening to the answer, make a difference to the quality of communication in families. Saying sorry when you make a mistake or hurt someone's feelings is also really important.

Ways to build caring family relationships

- Show affection (eg hugs and kisses)
- Offer help and support
- Do fun things and laugh together
- Make time to talk
- Really listen to each other

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au



Australian Government

Department of Health and Ageing



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CANTEEN ROSTER TERM 2 -2017

MONTH	W	MON	TUES	WED	THURS	FRI
APRIL	1	24 th HOLIDAYS	25 th HOLIDAYS	26 th CANTEEN CLOSED	27 th CANTEEN CLOSED	28 th CANTEEN CLOSED
MAY	2	1 st CANTEEN CLOSED	2 nd CANTEEN CLOSED	3 rd J.Kerrigan	4 th F.Gonzalez S.Reid	5 th S.Newton K.Butterfield
MAY	3	8 th S.Newton B.Popp	9 th S.Cowie S.Campbell	10 th T.Clark A.O'Doherty	11 th M.Gallagher C.Clegg	12 th L.Clark S.Newton M.Donegan
MAY	4	15 th L.Nichols K.Croal	16 th M.Downey M.Rigney	17 th W.Hackney C.Arens	18 th S.Newton L.Clark	19 th L.Anderson K.Bailey I.Foggo
MAY	5	22 nd J.McLoughney M.Lowdnes	23 rd M.Bartlett	24 th J.Kerrigan C.Johnson	25 th M.Khay J.Shearer	26 th S.Newton L.Clark C.Cousins
MAY/JUNE	6	29 th A.Hanson B.Popp	30 th S.Cowie S.Campbell	31 st K.Newman S.Lindsay	1 st H.Wilson L.Whitaker	2 nd S.Newton L.Clark S.Gore
JUNE	7	5 th L.Nichols K.Croal	6 th L.Clark J.McGill	7 th A.Walker K.Sutton	8 th M.Jones M.Gallagher	9 th B.Gillard L.Buckeridge R.Monterio
JUNE	8	12 th CANTEEN CLOSED	13 th W.Hackney C.Arens	14 th T.Clark A.O'Doherty	15 th J.Thompson C.Clegg	16 th S.Newton L.Clark J.Keene
JUNE	9	19 th S.Newton M.Lowdnes	20 th M.Downey M.Rigney	21 st K.Newman S.Lindsay	22 nd M.Khay J.Shearer	23 rd ATHLETICS CARNIVAL
JUNE	10	26 th S.Comerford J.McLoughney	27 th H.Wilson L.Whitaker	28 th K.Sutton M.Bickford	29 th F.Gonzalez S.Reid	30 th S.Newton L.Clark N.McGill

IF YOU ARE NOT ON TH ROSTER AND WOULD LIKE TO HELP OUT OR IF YOU HAVE ANY PROBLEMS PLEASE
CALL OR TEXT SALLY ON 0412029285 OR LEANNE ON 0421354671